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ICANotes Behavioral Health EHR

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SOS
610 N. Silver St
Silver City, NM 88061

575-956-6131
575-956-6947

Pence, Victoria

ID: 140 DOB: 11/23/1951

Case Management Note (SOS)

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7/30/2023

3:29 AM

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Presenting Problem:

Anxiety is still experienced by Victoria.
Depressive symptoms continue.

Social Support Changes: Client moved to Silver City to take care of a client but found the client to be abusive and an alcoholic which left her displaced.

Recent History: Client is impaired in the functional domain(s) of:
Independent living

Client formerly worked as a nurse

Client has disability.

THERAPEUTIC INTERVENTION: Therapeutic efforts also included encouragement to ventilate feelings.

Client spoke of her life in the medical field. Client expressed anxiety being in a town where she feels she has no connection. Therapeutic efforts also included a discussion of ways to facilitate communication of feelings. The client expressed that her sadness makes it difficult to want to initiate or engage in conversations. Client was encouraged to attempt speaking with her peers if only for a few minutes each day as a way of lessening those feelings.

Client also inquired as to how she may be assigned a lock box. Client asked if shelter staff could somehow facilitate helping her get personal items out of storage.

Assessment: Victoria presents as friendly, communicative, well groomed, but appears anxious. She exhibits speech that is normal in rate, volume, and articulation and is coherent and spontaneous. Language skills are intact. Signs of mild depression are present. Demeanor is glum. Affect is appropriate, full range, and congruent with mood. There are no apparent signs of hallucinations, delusions, bizarre behaviors, or other indicators of psychotic process. Associations are intact, thinking is logical, and thought content appears appropriate. Suicidal ideas are convincingly denied. Cognitive functioning and fund of knowledge are intact and age appropriate. Short- and long-term memory are intact, as is ability to abstract and do arithmetic calculations. This patient is fully oriented. Vocabulary and fund of knowledge indicate cognitive functioning in the normal range. Insight into problems appears normal. Judgment appears intact. There are signs of anxiety. There are no signs of hyperactive or attentional difficulties. Victoria's behavior in the session was cooperative and attentive with no gross behavioral abnormalities.

Client was encouraged to speak with staff if any problems arose. She stated that she felt her personal property was missing but that she could not prove who had taken it. She was reminded that she should bring all matters to staff so that they may be examined.

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